

OKUN

**WE HELP YOUR
STAFF TO FULFIL
THEIR POTENTIAL**



www.okun.be



What we offer

Tailor-made engagement & cohesion programs to help your staff thrive

Satisfacti
on survey

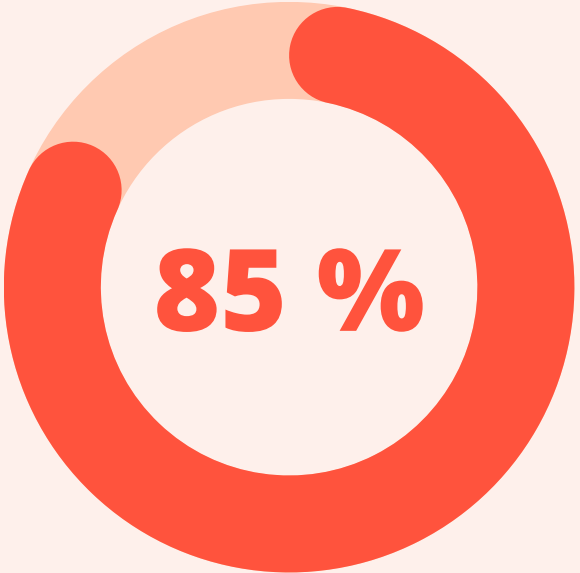
One-to-one
interviews

Definition of
your needs

Tailor-made
program

Today

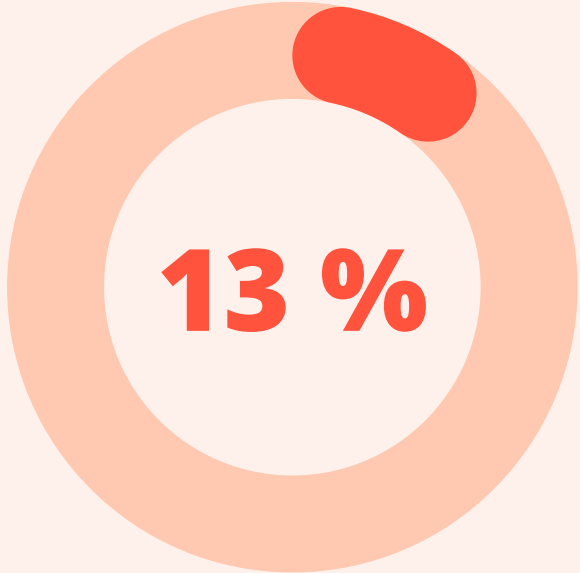
The impact of disengagement in Belgium



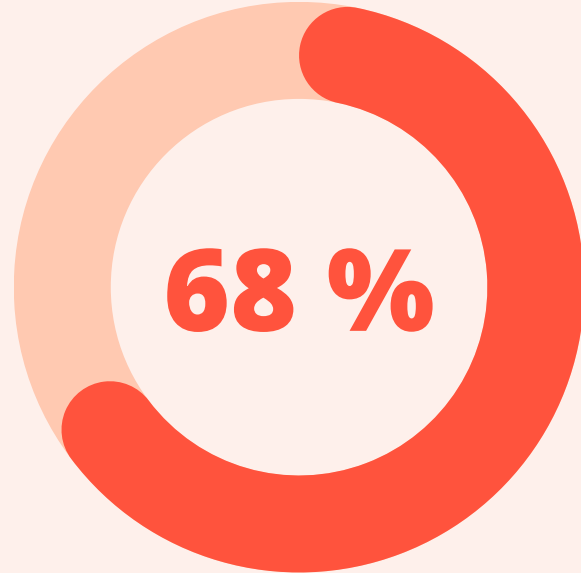
85% of employees are not engaged at work



50% of Belgians admit to do presenteeism



13% of employee absences are linked to burn-out



68% of employees want to leave their job if they don't feel supported

Gallup Study 2022, Secorex Study 2020, Staple Workplace Survey 2019

Three pillars



Individual interviews



Team buildings



Collective workshops

Team buildings



Blind test with Chun

Compete in **teams**, **dance**, **sing** and find the titles and artists of the **bests songs** of all generations.



Karaoke with your team

Enjoy a lively karaoke session, **sing** your favourite tunes and create **unforgettable memories**.



Sports (boxe, HIIT) with Loïc

Get into the training zone by **pushing your limits** and reaching a **new level of fitness** with your colleagues.



Urban escape game

Embark on an urban escape adventure, **solving puzzles** and unravelling clues as you **navigate the city** as a team.

Team buildings



Cooking with Candice

A **culinary adventure** in which you create your own dishes using **fresh ingredients**, while developing your cooking skills.



Wine tasting with Erik

Explore the world of wine, taste **quality wines** and learn tasting techniques **with your colleagues**.



Cocktails with Jérémy

Create your own **personalised** cocktail, mixing your favourite spirits, flavours and garnishes to make your **perfect cocktail**.



Pralines with Max

Share the art of **Belgian chocolate** with your teams and enjoy this **unique** moment.

Team buildings



Magician with Maxime

Enjoy this **magical show** that will **defy all logic** and open your eyes to a **new world**. The show is **personalised** with your **corporate values**.



"Who is who?" with Eve

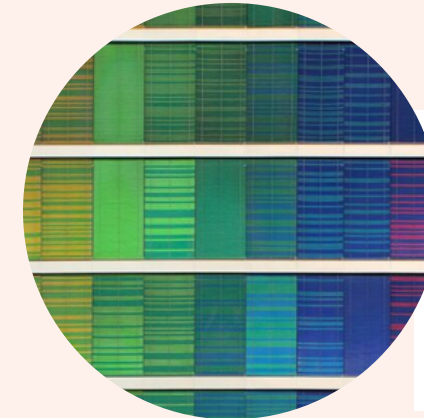
Challenge your ability to **identify** the **personalities** of your colleagues in a "Who's Who" quiz.

Workshops



Non violent communication

Mastering non-violent communication, promoting **understanding** and **empathetic** dialogue.



Personality test (colour/DISC)

Discover the depths of your personality with the **colour** and **DISC tests**, which will give you information about your **strengths**.



Assertiveness

Develop **assertiveness skills** to express your thoughts, needs and limits and **communicate** with confidence and clarity.



LEGO

The aim is to **build a model** that is as close as possible to a **supplied diagram**, but that only one member of the team can see.

Workshops



Negotiate to YES

Learn how to negotiate **effectively** and master communication techniques to achieve **positive results for all parties**.



Give feedback that lands

Provide **powerful** feedback, to deliver **constructive** information that is well received and leads to **positive** growth.



Delegate like pro

Delegation is the art of **trusting** and effectively **entrusting** tasks and **responsibilities** to others.

Leadership (not only for managers)

Workshops



Embracing change & Uncertainty

Embracing change and uncertainty with **resilience**, cultivating adaptability and a **positive** mindset to face the unknown with **confidence**.



Boosting efficiency with time management skills

Improve your efficiency with time management skills, optimise your **productivity** and **get more done with less** effort by prioritising tasks and maximising your use of **time**.

Leadership (not only for managers)

DIY activities



Candles with Julie

Enjoy this special moment to create your own **natural candle** made with **soy** or **beeswax** and then relax.



Dried flowers with Julie

Design your own bouquet of dried flowers and create your own **colourful work of art**.



Soaps with Julie

Create your **own soap**, **shampoo** and/or natural **cosmetics** with your favourite **essential oils**.



Acrylic with Julie

This activity with a unique **artist** is a new way of learning to paint with acrylics, on **your own** or **in a team**.

DIY activities



Macramé with Julie

Craft your own macramé masterpiece using a variety of **knotting techniques** and personalized designs.



Linocuts Julie

Create your own **linocut prints** by engraving designs in **linoleum blocks** and printing them on different surfaces.



Mug paint with Julie

Unleash your **creativity** and paint your own **designs on mugs** to add an artistic touch to your morning coffee.



Christmas with Julie

Design your own Christmas wreath using an **assortment of aromatic** evergreens and **personalized decorations**.

DIY activities



Terrarium with Julie

Build your terrarium with an assortment of **plants** and decorative elements to create a **miniature world of greenery**.



Kokedama with Julie

Create your own kokedama, adopting the **art of Japanese** moss ball gardening and bring a **touch of nature** to your workspace.

Little reminder

Employee disengagement costs **€14,840 per year per employee**. From this, **64% can be avoided** to achieve "good practice" of IBET* **for companies taking action and improving health and quality of life at work.**

*Indice du bien-être au travail



Testimonials



"Working with OKUN is a real pleasure, now we know each other better in the team, we feel closer to each other and we have a great time!"

— Anne-Lise Balimaka, Office Manager



Testimonials



"OKUN's support has changed EVERYTHING in the team's dynamics and understanding ;-) Thank you!"

— Guillaume Wegria, Co-Founder & CEO



Testimonials

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"I can't remember ever having such a fun way to end our working week! A moment of pure entertainment!"

— Elena de Marco, responsable "People and Culture"

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"Investing in the **well-being** of your employees is an **investment** in the long-term success and sustainability of your organization."

Simon Sinek



How to book ?



Sophie Boulanger
Founder of OKUN

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